



AMANDA A. CARPENTER, PT

NPI: 1962610105

PERSONAL PROFILE

Amanda is a wellness expert with over 20 years of experience working in the health care field helping people reclaim and maximize their health and vitality.

Specializing in human performance and the practice of biomechanics and ergonomics, Amanda is an internationally recognized lecturer for the Arboriculture Industry teaching programs designed to optimize the health, productivity, and safety of industrial workers and families.

OFFICE DETAILS

28 Hudson Street
Warrensburg, NY 12885
Phone: 518-744-9095
Email: carpentercore@gmail.com

Office Hours:
Monday & Thursday 9 am - 5 pm
By Appointment Only

CERTIFICATIONS

- Certified Professional Trainer (CProT)
- Ergonomic Assessment Specialist (CEAS), Back School of Atlanta
- Institute of Nutritional Leadership Health Coach
- Functional Genomic Consultant, Nutri Genetic Research Institute
- HeartMath Certified Coach/Mentor, Trainer, Activating the Heart of Teams Trainer, and Clinical Practitioner
- Transformational Leader, Powerful Workshops
- Certified Virtual Facilitator (CVF)

PROFESSIONAL SKILLS

Health And Wellness: Advanced
Keynote: Intermediate
Public Speaking and Presenting
Retreat Facilitator

CAREER HIGHLIGHTS

COR Health Solutions

Warrensburg, New York
Owner & Foundational Health Educator | 2016-present

Carpenter Physical Therapy

Warrensburg, New York
Owner & Physical Therapist | August 2007-present

Industrial Athlete Vitality

Warrensburg, New York
Owner & Foundational Health Educator | 2018-present

North American Training Solutions

Douglas, Massachusetts
Vice President | April 2020-January 2021
Health and Wellness Director | 2019-2021

Aureus Medical Group

Omaha, Nebraska
Contract Physical Therapist | September 2006-May 2008

Medical Staffing Network

Albany, New York
Contract Physical Therapist | April 2003-September 2006

Orthopedic and Sports Rehabilitation

Queensbury, New York
Staff Physical Therapist | May 2001-April 2003

EDUCATION

Simmons College

Boston, Massachusetts
Doctoral Degree in Physical Therapy | 2007

Nazareth College

Rochester, New York
Master's of Physical Therapy | 2001
Bachelor's of Health Science | 2000

PROFESSIONAL TRAININGS

John F. Barnes Myofascial Release Approach

Myofascial Release Therapist
Fascial-Pelvis, MFR I, Myofascial Mobilization, Cervical-Thoracic, Myofascial Healing Seminar